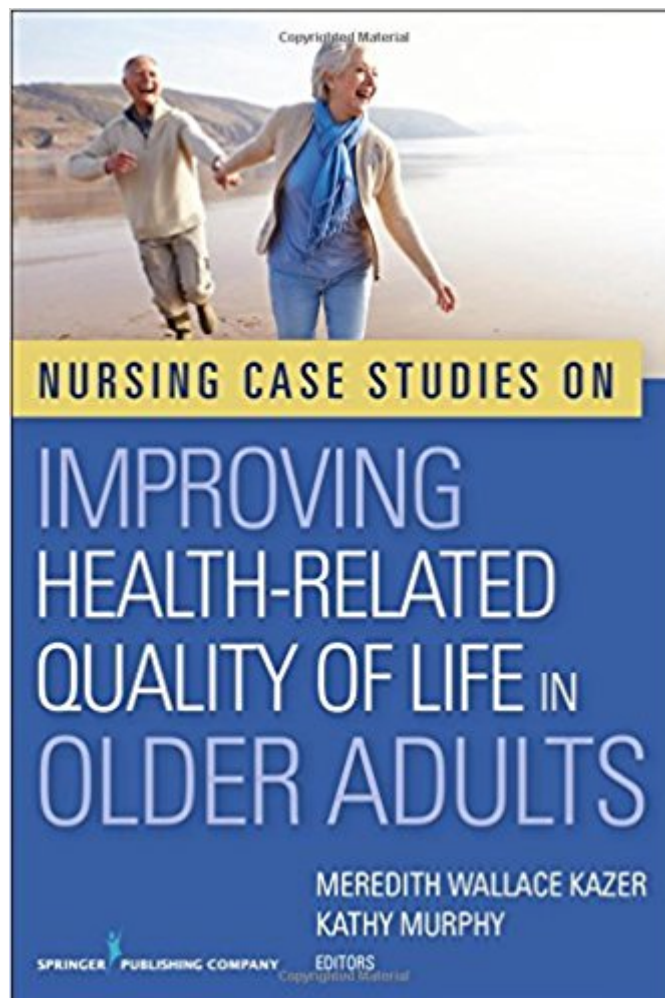




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# Nursing Case Studies On Improving Health-Related Quality Of Life In Older Adults



## Synopsis

Features evidence-based, practical, and effective strategies for creating and maintaining optimal quality of life for older adults This globally focused resource integrates sound research evidence, real-life case scenarios, and effective, practical strategies to address a key health care initiative of the 21st century: optimal quality of life for older adults. Distinguished by its broad outlook, the book includes contributions from an international cadre of widely published scholars and is designed for easy integration into traditional nursing education curricula. The book explores the experiences of older adults at home, in assisted living, and in nursing home environments, examining their complex and wide-ranging health, spiritual, and emotional needs. The book is organized into two sections that address quality of life issues. Section I broadly addresses quality of life issues across the full range of care environments, while Section II addresses some of the more specific issues and health conditions that have an impact on the quality of life of older adults. A detailed and multidimensional case study opens each chapter, including subjective and objective data focusing on the quality-of-life domain being addressed. Articulation and definition of each quality-of-life issue are presented along with information on the incidence and prevalence of the problem. Several cases addressing issues older adults encounter in preventing and managing acute and chronic disease serve as a clinical resource guide, with an emphasis on clinical reasoning. Each chapter features a comprehensive, synthesized literature review, delivering the best evidence in the field and offering effective strategies for managing care issues. Generalist and advanced practice nursing roles in promoting quality of life, along with relevant cultural considerations, are covered in detail. Each chapter concludes with tips and strategies for the promotion of quality of life among older adults, accompanied by a list of critical thinking questions. Content is organized to be compatible with the Adult-Gero Nurse Practitioner Certification Test Plan. Key Features: Addresses key quality-of-life education and practice initiatives advanced by leading gerontology organizations worldwide Includes detailed, multifaceted case studies reflecting extensive, current evidence-based literature Describes practical, cost-effective strategies aimed at maintaining health Disseminates the universally applicable perspectives of international scholars of global aging Provides content compatible with the Adult-Gero Nurse Practitioner Certification Test Plan

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## Customer Reviews

Meredith Wallace Kazer, PhD, APRN, A/GNP-BC, FAAN, is an award-winning researcher and an adult and gerontological primary care nurse practitioner. She has been distinguished as one of the top 15 gerontology nursing professors in the U.S. She currently maintains a practice in Connecticut with a focus on chronic illness in older adults, clinical experience that informs her scholarly work. While obtaining a PhD in nursing research at NYU she was awarded a pre-doctoral fellowship at the Hartford Institute for Geriatric Nursing. In this capacity she became the original author and editor of Try This: Best Practices in Geriatric Nursing series. In 2001, she won the Springer Publishing Company Award for Applied Nursing Research. She was the Managing Editor and research brief editor for the Journal of Applied Nursing Research. Dr. Kazer was awarded the Connecticut Nurse Association Virginia Henderson Award for Outstanding Contributions to Nursing Research and four American Journal of Nursing Book of the Year Awards. In addition, she is the recipient of the Eastern Nursing Research Society/John A. Hartford Foundation junior investigator award and in, 2011, was inducted as a fellow into the American Academy of Nursing. Kathy Murphy, PhD, MSc, BA, RGN, RNT, Dip Nur, Dip Nur Ed, is currently Professor of Nursing at the University of Ireland, Galway, Ireland. Her work has been disseminated in over 90 peer-reviewed journal publications, 12 book chapters, and over 100 research and invited presentations. She has held several clinical manager posts in older people's services and ED Nursing. For the last 20 years she has worked in nursing education in Oxford Brookes University, UK, followed by her position at National University of Ireland, Galway, Ireland. She has led a number of National and International research studies focused on older people. Her research interests include the quality of life of older people, dementia, and chronic disease management. Dr. Murphy has been involved in a number of national research studies all using mixed methods.

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